

Internal Extracurricular Activities 2020/2021



Dear Parents,

Extracurricular Activities (ECAs) **will start on Monday, 4th October 2021**. Current offer will include only activities organized by our Teachers. With the next week's newsletter, we will provide you with the External Offer of ECAs (e.g. swimming lessons).

Extracurricular activities provide a great opportunity for your child to take part in an activity that falls outside the realm of the normal curriculum. Your child can explore their physical, creative or social interests and share diverse experiences with like-minded students, perhaps in a different subject area or different key stage.

Not all activities are available to all year groups, please see the descriptions in the brochure. Information on paid activities can also be found within the brochure.

Drodzy rodzice,

*Zajęcia pozalekcyjne (ECAs) rozpoczną się w **poniedziałek, 4 października 2021 r.** Aktualna oferta będzie obejmować wyłącznie zajęcia organizowane przez naszych Nauczycieli. W kolejnym newsletterze przedstawimy Państwu Zewnętrzną Ofertę ECAs (np. nauka pływania).*

Zajęcia pozalekcyjne dają dziecku doskonałą okazję do wzięcia udziału w aktywnościach, które wykraczają poza standardowy program nauczania. Państwa dziecko może odkrywać swoje fizyczne, twórcze lub społeczne talenty i dzielić różne zainteresowania z podobnie myślącymi uczniami, być może w innym obszarze tematycznym lub na innym kluczowym etapie.

Nie wszystkie zajęcia są dostępne dla wszystkich grup wiekowych, prosimy o zapoznanie się z opisami w broszurze. Informacje o zajęciach odpłatnych można również znaleźć w broszurze.

Application guidelines (based on Regulations On Fees For Educational Services And Additional Services):

- Fees for the Student's participation in extracurricular activities will be **invoiced in advance** by the 10th day of the month for which they are due. The invoice that will be sent to you via e-mail.
- **Remember:** The Parents / Legal Guardians shall be obliged to pay the full amount of the fee for extracurricular activities for the child to attend the classes.
- You will be able to register your child in the first week of extra classes (4.09. – 8.09.), which is in the first class of each ECAs.
- First classes, in the first week of ECAs (04.09. – 08.09.), are free.
- Students, who have signed up for an activity must commit to it for the whole of the month.
- Students who choose to resign from classes, will be removed from the class list on the 1st day of the next month.
- The Parents / Legal Guardians shall be obliged to pay the full amount of the fee for extracurricular activities also in case of the Student's absence on the day of the above-mentioned activities.
- The fee is not payable if the Parents / Legal Guardians present a sick note for the Student covering the day of extracurricular activities. Where the Student's absence is excused by a sick note, BISUL will adjust the invoice issued.

Warunki zapisów (na podstawie Regulaminu Opłat Za Usługi Edukacyjne i Usługi Dodatkowe):

- *Opłaty z tytułu uczestnictwa Ucznia w zajęciach dodatkowych będą fakturowane z góry, do 10 dnia danego miesiąca, za który będą należne. Faktura zostanie przesłana do Państwa na podany adres e-mail.*
- **Ważne:** *Rodzice/Opiekunowie prawni obowiązani są uiścić pełną wysokość opłaty za zajęcia dodatkowe, by uczeń mógł w nich uczestniczyć.*
- *Rejestracja możliwa będzie w pierwszym tygodniu zajęć dodatkowych (4.09. – 8.09.) - na pierwszych zajęciach zajęć dodatkowych.*
- *Pierwsze zajęcia dodatkowe, w pierwszym tygodniu (04.09. – 08.09.), są bezpłatne.*
- *Studenci, którzy zapisali się na zajęcia, muszą zobowiązać się do uczęszczania na cały miesiąc.*
- *Uczniowie, którzy zrezygnują z zajęć, zostaną usunięci z listy pierwszego dnia kolejnego miesiąca.*
- *Rodzice/Opiekunowie prawni obowiązani są uiścić pełną wysokość opłaty za zajęcia dodatkowe również w sytuacji nieobecności Ucznia w dniu przeprowadzania ww. zajęć. Opłata nie podlega zwrotowi.*
- *Opłata jest nienależna w sytuacji przedłożenia przez Rodziców/Opiekunów prawnych zwolnienia lekarskiego Ucznia obejmującego dzień zajęć dodatkowych. W sytuacji usprawiedliwienia nieobecności Ucznia zwolnieniem lekarskim, BISUL dokona korekty wystawionej faktury.*

Our ECAs' Teachers:

Hanka Szymański – Year 5 Teacher – Hanka has had an interest in the Performing Arts and has choreographed dance and drama performances with students for many years. She believes we all have skills in presenting, we just need encouragement and a structure to fulfill our potential to take on a role - "life is all about performing in different social situations!".

Adam Czaplicki – Physical Education Teacher – He holds an MA degree in Pedagogy and BA in Physical Education. He has been a teacher of physical education for five years, as well as an instructor of many disciplines: football, swimming, volleyball, basketball, and animator of sports activities.

Adrian Łęczycki – Music Teacher – He started playing piano at the age of 7 and continued his music education until he gained a Master's degree in Composition and Theory of Music at the Academy of Music in Łódź. He has been teaching Music in BISUL in all three sections since the school was founded.

Liliia Vorobi – Year 1 Teacher– She has completed her studies in English Philology and Literature, as well as Early Childhood Education. She has also completed multiple courses in Art Therapy, Storytelling, and Choreotherapy.

Panagiotis Zografos – Physics Teacher – He has a major in Physics from the Aristotle University of Thessaloniki and master's degree in Computational Physics from the same place. His field of focus is in astrophysics and aerodynamics and he has been working as a physicist for 4 years.

Ulaş Öztürk – Art Teacher – Completed his undergraduate education as an art teacher and has been teaching art for 7 years. Ulaş has a master's degree in education, and besides teaching art, he has a special interest in Art Therapy, Museology, and Art History. He continues to perform his artworks as an artist.

Maria Rajchelt – Deputy Head of School / Polish Geography Teacher – Nauczycielka geografii i przyrody, autorka projektu edukacyjnego Łódź Moją Małą Ojczyzną. Geography and Natural Science teacher, author of the original educational project: Łódź, My Little Homeland



MONDAY

Literature Through Drama

Hanka Szymański

hanka.szymanski@interschool.uni.lodz.pl

Primary (Year 1-3)

Monday, 3:30 – 4:30 / fee: 40 PLN / minimum number of participants: 4

Students are lead through a text from a picture book, practising retell and sequencing of events in the story and rehearsing spoken text to develop confidence in using English.



Sportmix / Multi-Sport

Adam Czaplicki

adam.czaplicki@interschool.uni.lodz.pl

Primary (Year 4-6)

Monday, 3:30 – 4:30 / fee: 40 PLN / minimum number of participants: 6

Our Multi-Sport classes are specifically designed for Primary Section. These classes teach the fundamentals of baseball, basketball, floor hockey, football, soccer, and volleyball. Skills of each sport are taught in small and large groups, with games eventually being played at the appropriate age levels.



Presentation Skills

Hanka Szymański

hanka.szymanski@interschool.uni.lodz.pl

Secondary (Year 7-13)

Monday, 4:30 – 5:30 / fee: 40 PLN / minimum number of participants: 4

Our Presentation Skills training is for you if you would like to become a more confident presenter and learn new techniques for engaging with a wide range of audiences. "Stand and Deliver" to focus on the pace, audibility, spoken language in English to gain confidence when presenting to an audience.





TUESDAY

Choir

Adrian Łęczycki

adrian.leczycki@interschool.uni.lodz.pl

Secondary

Tuesday, 3:20 – 4:05 / fee: FREE / minimum number of participants: 6

Choir for Secondary students is a chance to develop their vocal skills through singing in group. We're preparing at least two performances each school year.



Dance

Liliia Vorobi

liliia.vorobii@interschool.uni.lodz.pl

Reception, Year 1, Year 2

Tuesday, 3:30 – 4:30 / fee: 40 PLN / minimum number of participants: 6

This progressive class introduces curriculum goals through fun movement allowing your dancer to be challenged while expressing themselves. Dancers develop dance, listening, and coordination skills.



Sportmix / Multi-Sport

Adam Czaplicki

adam.czaplicki@interschool.uni.lodz.pl

Secondary

Tuesday, 3:30 – 4:30 / fee: 40 PLN / minimum number of participants: 6

Our Multi-Sport classes are specifically designed for Primary Section. These classes teach the fundamentals of baseball, basketball, floor hockey, football, soccer, and volleyball. Skills of each sport are taught in small and large groups, with games eventually being played at the appropriate age levels.



Coding club

Panagiotis Zografos

panagiotis.zografos@interschool.uni.lodz.pl

Secondary

Tuesday, 3:30 – 4:30 / fee: 40 PLN / minimum number of participants: 4

Take this coding course to build your coding skills. Learn to code with computer coding classes for web development, programming and computer science and data science.





WEDNESDAY

Keyboard Club

Adrian Łęczycki

adrian.leczycki@interschool.uni.lodz.pl

Primary (Year 4-6)

Wednesday, 3:20 – 4:05 / fee: 40 PLN / minimum number of participants: 4

Keyboard Club for Year 4, 5 and 6 is an extension of playing component of regular Music lessons. Our main goal is to increase pupils' ability to play songs of their own choice.



Coding club

Panagiotis Zografos

panagiotis.zografos@interschool.uni.lodz.pl

Secondary

Wednesday, 3:30 – 4:30 / fee: 40 PLN / minimum number of participants: 4

Take this coding course to build your coding skills. Learn to code with computer coding classes for web development, programming and computer science and data science.





THURSDAY

Art Therapy and Creativity Education with Movement

Ulaş Öztürk

ulas.ozturk@interschool.uni.lodz.pl

Primary (Year 2-4)

Thursday, 3:30 – 4:30 / fee: 40 PLN / minimum number of participants: 5

Maybe we will discover new forests, maybe the depths of the ocean... In this program, where you will experience artistic activities that will improve your creativity with art therapy methods, we will taste the unlimited freedom of art.

Required Materials: any kind of paintings, papers, yoga mat, comfortable outfits.



Łódź – mała ojczyzna (only in Polish)

Maria Rajchelt

maria.rajchelt@interschool.uni.lodz.pl

Primary and Secondary (Year 4-8)

Thursday, 3:30 – 4:30 / fee: 40 PLN / minimum number of participants: 4

From 28.09.2021

Podczas tych zajęć uczniowie poznają Łódź z zupełnie innej strony. Poznają jej historię i najważniejsze miejsca, a także tajemnice, o których nie przeczytacie w książkach.





FRIDAY

Magical Hand Club

Ulaş Öztürk

ulas.ozturk@interschool.uni.lodz.pl

Primary (Year 3-6)

Friday, 3:30 – 4:30 / fee: 40 / minimum number of participants: 5

In this program, students will explore the endless limits of their creativity and create crafts. In our activities where imagination meets skill, students will develop the following skills; fine motor muscle development, practical thinking skills, joint thinking skills, and creative thinking skills.



Art Club

Ulaş Öztürk

ulas.ozturk@interschool.uni.lodz.pl

Secondary (Year 10-12)

Friday, 4:30 – 5:30 / fee: 40 / minimum number of participants: 5

What did the Mona Lisa really look like? What would the Mona Lisa look like if she were alive today? What would it look like if Picasso drew the Mona Lisa? We may not know the answer to these questions, but I'm sure we can find the most creative answer if we search together!

