

PRIMARY PSHE CURRIUCULUM 2021_2021

	Autumn: Relationships			Spring: Living in the wider world			Summer: Health and Wellbeing		
	Families and friendships	Safe relationships	Respecting ourselves and others	Belonging to a community	Media literacy and digital resilience	Money and work	Physical health and Mental wellbeing	Growing and changing	Keeping safe
Year One	Making friends; feeling lonely and getting help. Introduction to BISUL values	Recognising privacy; staying safe; seeking permission	Being polite and respectful; working Cooperatively, fostering noble attitudes.	Caring for others' needs; looking after the environment	The internet in everyday life; online content and information, staying safe online.	What money is; needs and wants; looking after money	Keeping healthy, food and exercise; hygiene routine, sun safety	Recognising what makes us unique and special; feelings	Safety in different environments; risk and safety at home; emergencies
Year Two	Making friends; feeling lonely and getting help including help in times of crisis such as the COVID-19 pandemic. Introduction to BISUL values	Recognising privacy; staying safe; seeking permission	Being polite and respectful; working Cooperatively, fostering noble attitudes	Caring for others' needs; looking after the environment	The internet in everyday life; online content and information, fostering critical internet users.	What money is; needs and wants; looking after money	Keeping healthy, food and exercise ; Why sleep is important; medicines and keeping healthy; keeping teeth healthy; managing feelings and asking for help	Recognising what makes us unique and special; feelings	Safety in different environments; risk and safety at home; emergencies
Year Three	What makes a family; features of family life including its educational role Introduction to BISUL values	Positive friendships including online	Recognising respectful behaviour; the importance of self-respect; courtesy and being polite, building positive and healthy relationships	Respecting differences and similarities; discussing difference sensitively	How the internet is used; how data is shared and used, fostering critical internet users.	Personal strengths and achievements	Health choices and habits; what affects feelings; expressing feelings	Physical and emotional changes in my body Sessions on physical changes conducted by a professional subject teacher	Medicines and household products; safety in the local environment and unfamiliar places

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			based on truth and trust. Fostering sensitivity towards the truth and goodness.						
Year Four	Positive friendships Introduction to BISUL values	Responding to hurtful behaviour; managing confidentiality; recognising risks on	Recognising respectful behaviour; the importance of self-respect; courtesy and being polite, building positive and healthy relationships based on truth and trust. Fostering sensitivity towards the truth and goodness.	Respecting differences and similarities; discussing difference sensitively	How the internet is used; how data is shared and used, fostering critical internet users.	Making decisions about money; using and keeping money safe	Maintaining a balanced and healthy lifestyle; dental care	Physical and emotional changes in my body Sessions on physical changes conducted by a professional subject teacher	Medicines and household products; safety in the local environment and unfamiliar places
Year Five	What makes a family, features of family life Making friendships and peer influence Introduction to BISUL values	Physical contact and feeling safe including feeling safe at school and how to seek help. Education for life in the family-sessions	Recognising respectful behaviour and responding respectfully to a wide range of people; recognising	Respecting differences and similarities; discussing difference sensitively	How information online is targeted; different media types, their role and impact, fostering critical internet users	What money is; needs and wants; looking after money. Making decision about money; using and keeping money safe	Healthy sleep habits, sun safety; medicines, vaccinations, immunization and allergies	Physical and emotional changes in my body Sessions on physical changes conducted by a	Keeping safe in different situations including responding in emergencies, first aid

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		conducted by a specialist subject teacher.	prejudice and discrimination . Fostering noble attitudes.					professional subject teacher	
Year Six	What makes a family, features of family life Making friendships and peer influence Introduction to BISUL values	Physical contact and feeling safe including feeling safe at school and how to seek help. Education for life in the family- sessions conducted by a specialist subject teacher.	Recognising respectful behaviour and responding respectfully to a wide range of people; recognising prejudice and discrimination. Fostering noble attitudes.	Respecting differences and similarities; discussing difference sensitively	How information online is targeted; different media types, their role and impact, fostering critical internet users	What money is; needs and wants; looking after money. Making decision about money; using and keeping money safe	Healthy sleep habits, sun safety; medicines, vaccinations, immunization and allergies	Physical and emotional changes in my body Sessions on physical changes conducted by a professional subject teacher	Keeping safe in different situations including responding in emergencies, first aid